



Ready for Forest School: Essential Clothing List

"There is no such thing as the wrong weather, only inappropriate clothing!"

(adapted from a Scandinavian motto)

EVERYONE participating in Forest school (children/staff and any other adult helpers) will need to wear suitable clothing to be "Ready" for Forest School, whatever the conditions!

It is essential that arms, legs and feet are covered, whatever the weather – to protect against irritation/ticks etc.

Clothes provided for Forest School are likely to get dirty, so please bear this in mind when sending in kit. Please provide the following clearly named kit for your child, in a clearly named bag:

Winter/Cold weather

- Vest or T-shirt
- Long sleeved top
- Hooded top/fleece or thick jumper
- Waterproof jacket
- Thick socks (thermal or two pairs of thin ones)
- Trousers
- Waterproof trousers [NB: We are hoping to build full-class sets of these within school, and have some already, but please provide if you already have some for your child]
- Wellington boots/sturdy boots/old trainers (these will get muddy)
- Hat, gloves and scarf
- (2 plastic bags - 1 for muddy/wet clothing after session & 1 for wellies/footwear)

Summer/Hot weather

- Long-sleeved T-shirt or top. Arms to be covered in woodland.
- Light trousers. No Shorts. Legs to be covered in woodland.
- Socks (extra pair)
- Trainers, shoes or wellington boots. (No open toes)
- Sunhat
- Sunglasses (if required.)
- Sunscreen (applied at home before school and can bring own to top up if required)
- (2 plastic bags - 1 for muddy/wet clothing & one for wellies/footwear)