

PE

Jordans School Curriculum



Purpose of study	Aims
See National Curriculum (2014) guidance.	See National Curriculum (2014) guidance.
Attainment Targets	
See National Curriculum (2014) guidance.	
Subject Content	
<p>Year 1:</p> <ul style="list-style-type: none">To run, jump, throw and catch.To participate in team games respecting the people on the team and other teams.To copy simple dances.To develop balance, agility and co-ordination.To move confidently and safely in their own and general space, using change of speed and direction.To recognise how the body feels when still and when exercising.To watch, copy and describe what they and others have done. <p>Year 2:</p> <ul style="list-style-type: none">To develop simple tactics for attacking and defending.To communicate with my team mates.To perform a dance that has been learned or created.To remember, repeat and link combinations of gymnastic actions, body shapes and balances with control and precision.To recognise and describe what a body feels like during different types of activity.To improve the way they coordinate and control their bodies and a range of equipment.To apply running, jumping, throwing, catching, balance, agility and coordination skills to a range of activities.	
Cross-curricular subject content:	
<p>Year 2 Science:</p> <ul style="list-style-type: none">To describe the importance of exercise for humans.	